

GROW HAPPY® WITH COMPANION PLANTING



STEP 1

Companion planting is grouping together certain crops in a garden to mutually and efficiently benefit each other. These benefits include improving soil nutrition, increasing yields, pollination, attracting beneficial insects, repelling insects and pests, fending off predators and wildlife, use of space, weed suppression, and shade regulation. These benefits occur as different crops can do different things for each other due to aspects as in their size and scent.

For example, taller plant like corn can provide shade to a smaller crop that needs it, or garlic can repel insects and pests from the surrounding crops.



STEP 2

To begin companion planting, you need to decide what crops you would like to grow, and look into what vegetables they like and don't like being alongside. A guide like the one above or an online chart is an efficient way to do so. A popular companion plant pairing is corn, pole beans, and squash as they use each other for shade, support, and restoring nitrogen.



STEP 3

Creating an outline for your garden plans may be very helpful as you can see exactly where everything is going. This is where you can also plan out where your stepping stones and water sources will go as well.



STEP 4

When placing your crops in the ground and deciding how far apart to place them, look at the recommended spacing instructions of both crops and use the average between the two.



COMPANION PLANTING REFERENCES

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